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ACTIVITY REPORT

REPORT ON WORLD NO TOBACCO DAY

World No Tobacco Day is observed around the world every year on 31 May. This yearly celebration informs the public on the dangers of using tobacco, the business practices of tobacco companies, what the World Health Organization (WHO) is doing to fight against the use of tobacco, and what people around the world can do to claim their right to health and healthy living and to protect future generations. Narayana College of Nursing Department of community health nursing is conducted No Tobacco Day programme. The chief guest of the programme was the chief guests is Dr. Indira on the occasion spoke about No Tobacco, including public health organizations, smokers, growers, and the tobacco industry. Mrs. Rajeswari, vice principal Narayana College of nursing, expressed her views on No Tobacco Day is celebrated the day is further intended to draw attention to the widespread prevalence of tobacco use and to negative health effects. A particular theme is decided to make this

Celebration more effective and successful. By celebrating No Tobacco Day, they try to achieve the goal of eradicating smoking from human life and help them in establishing and living a well off life. Some other programs are also performed such as music, drama, dance, and others which focus on learning no tobacco by people. Some of the protest activities are also conducted in order to generate awareness among the people for no tobacco. Mrs. Vanaja Kumari, HOD department of Communication and education nursing spoke about No Tobacco Day have the power to tackle the root causes of conflict and crisis, by addressing grievances, eliminating drug use and to draw global attention to the tobacco epidemic and the preventable death and disease it causes. The campaign



is aimed to raise awareness among the public on the environmental impact of tobacco-from cultivation ,production, distribution and waste. It will give tobacco uses one extra reason to quit. Mrs. A.Latha HOD department of medical surgical nursing, participated in the programme. expressed her on No Tobacco Day. The day is celebrated to improve the physical, social, cultural and spiritual well being and welfare of the vulnerable group of people globally. The students presented a role play highlighting the issue of lack of awareness among the illiterate and how they are repressed by the powerful for their selfish motives. The students made it loud and clear through their effective performance that to deny people to avoid tobacco is to challenge humanity- Reducing tobacco consumption needs to be identified as a key lever for achieving all of the sustainable development goals and values Cultural programme was done by students and vote of thanks was given by Ms.Aiswarya III C B.sc nursing student. The programme was ended with National Anthem.



Participation of students in no tobacco day,31stMay 2021



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REPORT ON WORLD BLOOD DONOR DAY 12. 06. 2021

Safe blood saves lives - but, for too many patients around the world whose survival depends on blood transfusion, blood transfusion is either not available or not safe. On the occasion of World Blood Donor Day NSS Cell. DT. NTR UHS. AP organized an interactive session with NSS Program Officers, Team Leaders and interested NSS Volunteers and other stakeholders - Blood Bank Managers on 12th June 2021 evening 05.30 p.m. to 06.30 pm. The NSS Program Officer, Team leaders, interested Volunteers joined the program positively. The link for interactive session followed.

Topic; -interactive Session how to conduct successful WORLD BLOOD DONOR DAY program during COVID by NSS CELL. Dr NTR UHS AP.

Agenda: On the occasion WORLD BLOOD DONOR DAY, interactive session was discussion about the effective implementation of Blood Donation and awareness program during COVID and related myths and problems faced by NSS Units. Further, "Blood donation and COVID related myths" in the respective NSS units either offline or online on June 14th 2021 and forward the reports for onward transmission. at your NSS Unit level.



Webinar On World Blood Donor Day, 12th June 2021



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NARAYANA COLLEGE OF NURSING
CHINTHAREDDY PALEM: NELLORE-AP
ACTIVITY REPORT

Breast feeding week celebrations-2021

Narayana College of nursing under NSS unit had celebrated breast feeding week from august 1st to 7th. This year theme is ..Sustaining Breast Feeding Together". The breast feeding week was celebrated in different areas for 7 days

Day 1

The first day programme was started with NSS program officer and Ms,Ramya HOD of Child health Nursing, Ms.Latha Hod ,Mrs.Aruna Asst professor of Obstetric and gynaecological Nursing department, was joined to the programme NSS Volunteers and III rd year students took part in the first day of breastfeedingweek on 01 08 21 between 10-11 am at outpatients department OPD of Narayana Medical college hospital, Nellore on the first students presented power point presentation breastmilk and Its importance,techniques and Total of 60 antenatal and 20 postnatal mothers were participated in the program and afternoon session was conducted in antenatal ward in 3-4 pm which includes the benefits of breastfeeding to Mother.

Day 2

The second day of breast feeding week on 02.08.2021was started in the afternoon in Narayana medical college and hospital at Paediatric department andprogramme was coordinated by NSS programme officer T. Ushakiran and Prof Mrs.Viji OBG nursing dept,NSS volunteers and III rd year B.sc nursing



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students organized a Puppet show on (breast feeding importance, types of milk, positions to be followed during breast feeding). An average of 60 audience were attended to the programme. At college Pencil drawing competition was organized to the students on the theme of Breast feeding week.

Day 3

The third day of breast feeding week on 03.08.21 was on 10-11 am at Narayana medical college hospital. Mrs. Kalavathi, Asso professor, MS. Sudhapriyanka, lecturer, headed the programme. Live exhibition was shown to the antenatal and postnatal mothers on postnatal diet. Total of about 40 clients were attended to the programme. In college elocution was conducted to the students regarding the benefits of breast feeding.

DAY 4

Live demonstration on breast feeding with baby mannequin was conducted on fourth day. Mrs. Rajeswari, vice principal Narayana college of nursing, was the guest of honor on the day of breast feeding week celebration and other guests are Ms. Latha H.O.D of OBG, Ms. Elizabeth H.O.D of nursing foundation. Mrs. Kalpana, Associate professor of community health nursing, and also Dr. Ram Mohan, administrative officer, Dr. Hymavathi, department of OBG, Dr. Prasanna, Department of OBG also joined the programme, and the programme was organized by Ms. G. Bettylebona, Department of child health nursing. The beneficiaries of about 38 members were attended to the programme.

DAY 5

On the fourth health education by playing a skit at OPD department to the postnatal care importance and health checkups to the clients who attended the



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OPD on the day. Ms.G. Betty lebona were involved to the programme an average of 40 postnatal mothers and 20 antenatal mothers were attended to the programme.

DAY 6

The sixth day of breast feeding week was celebrated at obstetrics ward the program hosted by Ms. K. Ramya, HOD child health nursing department and Ms. Prasanna, assistant professor child health nursing department demonstration of breastfeeding was performed by II M.Sc nursing students regarding the techniques and positions for breast feeding return demonstrations was done by postnatal mothers. On the same day quiz was conducted to the students.

DAY 7

The 7th day of breastfeeding week was celebrated at Narayana college of nursing auditorium on 07.08.21 between 3-4 pm. program was started by prayer song by III.BSc. nursing students Ms.K.Ramya HOD, child health nursing department of welcome gathering the chief guest of the program was Dr. Indira, principal, Narayana college of nursing .Mrs. Rajeswari vice principal, mental health nursing department , Mrs. A. Latha, professor & HOD, medical surgical nursing department, Mrs. Latha. P, asso professor and HOD department of OBG, Ms. Elizabeth jasmine HOD nursing foundation were the dignitaries for the program. The chief guest and other dignitaries delighted the program by lamp lighting the special skit was performed by III B.Sc nursing students regarding the importance of exclusive breast feeding. A mime was performed by III yr BSc nursing students and the winners of the whole week competitions were awarded with certificates. The program was concluded by vote of thanks given by Ms.linta, III yr nursing student followed national anthem.



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CHINTAREDDY PALENT. NELLORE.

WORLD POPTILATION DAY REPORT (2021)

Theme: Rights and choices

This year's World Population Day theme is Rights and choices are the answer: Whether baby boom or bust the solution to shifting fertility rates lies in prioritizing the reproductive health and rights of all people. As part of the Community Health Nursing Department, the Narayana College of Nursing commemorated World Population Day 11 July 2021. The programme was performed via Zoom Meeting, with a total of 45 attendees. The programme began with a prayer song and was followed by a welcome song. Prof. Vanaja Kumari delivered the welcome address, followed by sessions by Prof. Kalpana and Mrs. Anusha Asst. Prof. Mrs. Vanaja Kumari Professor, Narayana College Of Nursing talked about the history of the World Population Day. She talked regarding the establishment and awareness about the population issues. The world population Day is observed with the goal of highlighting the difficulties created by overpopulation and raising awareness about how overpopulation may harm the ecosystem and progress of humanity. T. Ushakiran participated in the program by presenting a talk regarding the population issues and the program concluded with National Anthem.



Fig:1 NTRUHS Programme coordinator Dr.Vivekanand, 1st July 2021



Fig:2 NSS Program officer T.Ushakiran Attended the webinar, 1 July 2021



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NARAYANA COLLEGE OF NURSING

CHINTAREDDY PALEM,NELLORE.

WORLD TUBERCULOSIS DAYREPORT (2021)

TB is one of the world's deadliest infectious killers. Each day, nearly 4000 lose their lives due to TB, and close to 28,000 people fall ill with this preventable and curable disease. Global efforts to combat TB have saved an estimated 63 million lives since the Year 2000.

The theme of World TB Day 2021- "The Clock is Ticking", conveys the sense that the world is running out of time to act on the commitments to end TB made by global leaders. The Community Health Nursing Department celebrated World Tuberculosis Day on 24 March 2021. They further elaborated that this is especially critical in the context of the COVID-19 pandemic that has put End TB progress at risk and to ensure equitable access to prevention and care in line with WHO's drive towards achieving Universal Health Coverage. Further detail of this event is mentioned below.

About the Event:

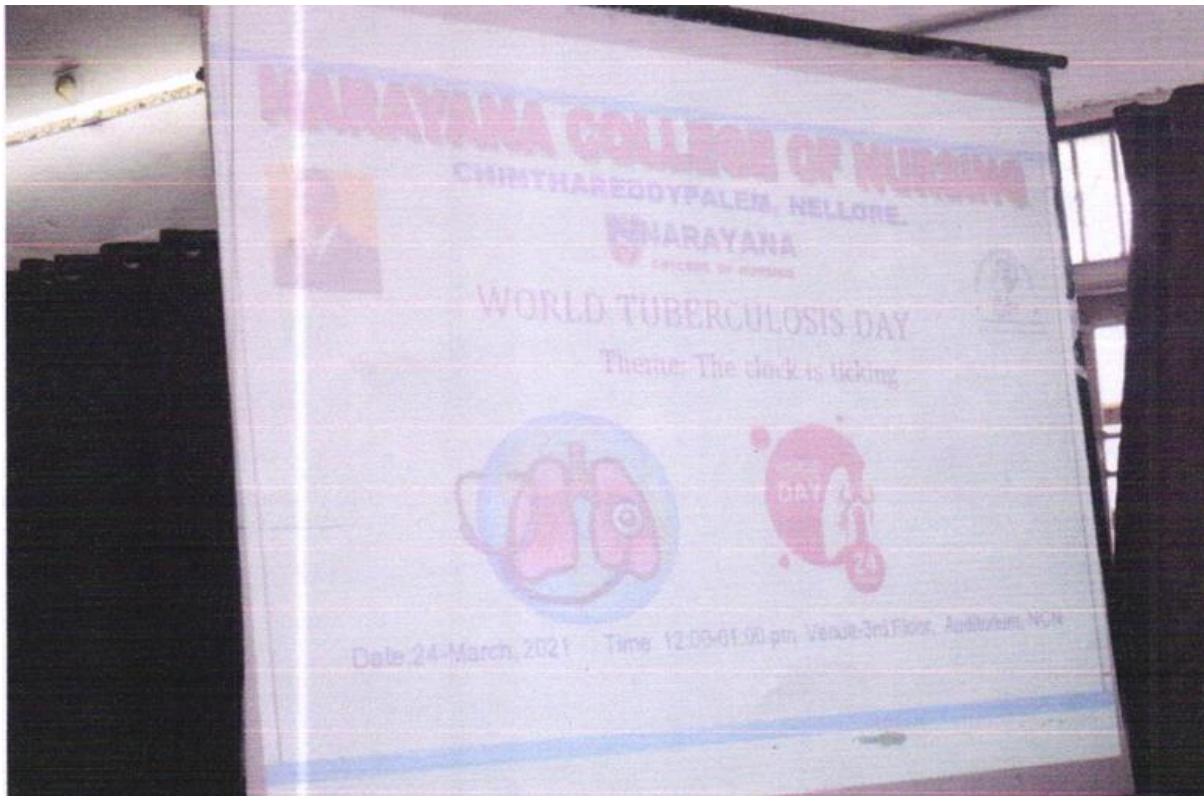
World Tuberculosis (TB) Day celebrated on 24 March 2021 to raise public awareness about the devastating health, social and economic consequences of TB and to step up efforts to end the global TB epidemic' the Faculty of nursing had organized an awareness program through health teaching followed by various aspects of Tuberculosis, i.e., what is it? How is spread? How is it to be identified? ' control and preventive measures, problems faced by patients while receiving DOTS therapy, when they have to approach physicians? Etc with the



use of attractive and meaningful AV Aids. During this event, all the protocols of covid-19 were followed.

Aims and objectives of the event:

- 1) To create awareness about tuberculosis and its prevention among patients.
- 2) To motivate the patients not to stop Dots therapy in between so that the recovery rate can be enhanced and MDR cases can be reduced.



Presentation On World Tuberculosis Day, 24th MARCH 2021