



NARAYANA COLLEGE OF NURSING

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Report on WORLD AIDS DAY

The Department of Community Health Nursing & NSS unit of Narayana College of Nursing, on the occasion of “World AIDS Day” with the theme “**Equalize**”, participated in a rally on **01.12.2022**. World AIDS Day brings together people from around the world to raise awareness about HIV/AIDS and demonstrate international solidarity in the fight against the pandemic. The day provides an opportunity for public and private partners to spread awareness about the current status of HIV/AIDS and encourage progress in its prevention, treatment, and care worldwide. It has become one of the most widely recognized international health days and a key moment to raise awareness, honor those who have lost their lives, and celebrate advancements such as improved access to treatment and prevention services.

The rally started at 8 AM from Venkatachalam, with participation from Narayana Rural Health Center staff, II M.Sc. & IV B.Sc. Nursing students. The program was organized in the meeting hall, with Dr. Vidhya Sagar, Narayana Rural Health Center, Venkatachalam, Nellore District, as the chief guest. Other dignitaries in attendance included Mr. Chengaya, Rural Health Officer; Mrs. M. Rajeswari, Sarpanch; Community Health Nursing faculty, students, and NSS department members. Participants received appreciation certificates for their active involvement in the program.

Mrs. Anusha, Associate Professor, Narayana College of Nursing, led the participants in taking an oath on the "Prevention of AIDS," which was followed by all attendees. The program concluded with the National Anthem.



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IV B.Sc(N) Students given awareness on Aids day by showing the Images



IV B.Sc(N) Students given awareness on Aids day by showing the charts



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REPORT ON WORLD BLOOD DONOR DAY 2022

The Department of Community Health Nursing at Narayana College of Nursing, in collaboration with the NSS unit, organized an awareness program on the occasion of World Blood Donor Day on June 14, 2022. With the theme "Donating Blood is an Act of Solidarity", the event aimed to raise awareness about the need for safe blood and blood products, encourage voluntary blood donation, and express gratitude to lifesaving blood donors.

The program was conducted at the meeting hall, with Dr. Vidyasagar from Narayana Rural Health Center, Venkatachalem, Nellore district, as the Chief Guest. Other dignitaries in attendance included Mr. Chengaya, Rural Health Officer, Mrs. M. Rajeswari, Sarpanch, faculty members from the Community Health Department, students, and NSS department members.

As part of the event, an awareness rally was organized in Venkatachalem, where students actively participated, chanting slogans to promote the importance of voluntary blood donation.

Mrs. Pavithra, Associate Professor at Narayana College of Nursing, led the gathering in taking an oath on voluntary blood donation, pledging to support blood donation awareness, encourage safe practices, and motivate others to donate blood regularly.

The event concluded with the National Anthem, reinforcing the message of solidarity and commitment to saving lives through voluntary blood donation.



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Students participated in donating their Blood



Students participated in Blood Donor Day



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REPORT ON BREAST FEEDING WEEK CELEBRATIONS FROM 01-08-2022 to 07-08-2022

Narayana College of Nursing under NSS unit had celebrated breast feeding week from August 1st to 7th August. This year theme is "STEP UP for BREASTFEEDING – EDUCATE and SUPPORT". The breast-feeding week was celebrated in different areas for 7 days.

Day 1

Dr. Kumari. V HOD of Department OBG, Prof.B. Vanaja Kumari HOD of Department Community Health Nursing, Mrs. Shanmugha Vadivu, HOD of Child Health Nursing, Mrs. Pallavi Naik NSS Program officer, NSS volunteers and III-year students celebrated first day of breast-feeding week on 01.08.22 between 10-11 am at outpatient Department of Paediatric and antenatal OPD in Narayana Medical College and Hospital, Nellore. On the first day students showed power point presentation on Breast milk and its importance, techniques and positions to be followed during breast feeding were showed to the participants. Antenatal and postnatal mothers were participated in the program, Refreshments were distributed to the participant, and in the afternoon session the program was conducted in Antenatal wards at 3-4 pm, in this session antenatal mothers, postnatal mothers from OBG and paediatric department were participated. Refreshments were distributed to the participants.

Day 2:

On the second day of the week essay competition was conducted on the theme which was evaluated by Dr. Kumari. V HOD of Department OBG, Prof.B. Vanaja Kumari HOD of Department Community Health Nursing, Mrs. Shanmugha Vadivu, HOD of Child Health Nursing, Mrs. Pallavi Naik NSS Program officer. All the third years students and volunteers are given chance to participate in the programme.

Day 3:

On the third day of the week elocution competition was conducted on the importance of breastfeeding which was evaluated by Dr. Kumari. V HOD of Department OBG, Prof.B. Vanaja Kumari HOD of Department Community Health Nursing, Mrs. Shanmugha Vadivu, HOD of Child Health Nursing, Mrs. Pallavi Naik NSS Program officer. All the third years students and volunteers are given chance to participate in the programme.

Day 4:

On the fourth day of the week painting competition was conducted on the theme which was evaluated by Dr. Kumari. V HOD of Department OBG, Prof.B. Vanaja Kumari HOD of Department Community Health Nursing, Mrs. Shanmugha Vadivu, HOD of Child Health Nursing, Mrs. Pallavi Naik NSS Program officer. All the years students and volunteers are given chance to participate in the programme.

Day 5:



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Mime on Breast feeding week was conducted by 3rd year students on fifth day regarding the importance of exclusive breast feeding. All the dignitaries were the guest of honour on the day of breast-feeding week.

Day 6:

The sixth day of breast-feeding week was celebrated at Narayana college of nursing auditorium on 06.08.22 between 12 – 01 pm. The program was started by prayer song by III B.Sc. (N) students and welcome song by III B.Sc. (N) students. Mrs. Pallavi Naik, NSS Officer welcome the gathering.

Speech was given by Dr. Kumari. V, Vice Principal, HOD of Department OBG and Mrs. Vanaja Kumari, professor & HOD of community health nursing department regarding importance of breastfeeding.

The program was concluded by vote of thanks given by Mrs. Shanmugha Vadivu, HOD of Child Health Nursing. The program was ended with National Anthem.

Day 7

The last day of breast-feeding week was celebrated at Narayana college of nursing auditorium on 06.08.22 between 12 – 01 pm. The program was started by prayer song by III B.Sc. (N) students and welcome song by III B.Sc. (N) students. Mrs. Pallavi Naik, NSS Officer welcome the gathering.

The chief guest of the program was Dr. Indira, Principal, Narayana college of nursing, Dr. Kumari. V, Vice Principal, HOD of Department OBG, Mrs. Vanaja Kumari, professor & HOD of community health nursing department, Mrs. A. Latha, professor & HOD, Medical Surgical Nursing department, were the dignitaries for the program. The chief guest and other dignitaries delighted the program by lamp lighting.

Speech was given by Dr. Kumari. V, Vice Principal, HOD of Department OBG and Mrs. Vanaja Kumari, professor & HOD of community health nursing department regarding importance of breastfeeding.

The program was concluded by vote of thanks given by Mrs. Shanmugha Vadivu, HOD of Child Health Nursing. The program was ended with National Anthem.

On the last day the full breastfeeding week was concluded by program in 3rd floor auditorium and prize distribution to the winners of the above-mentioned competitions.

The program was concluded by vote of thanks given by Mrs. Pallavi Naik, Nss Program Officer. The program was ended with National Anthem.



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Celebration of Breast feeding Week





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REPORT ON IMMUNIZATION DAY

Theme : "A Long Life for All"

The Community Department of Narayana College of Nursing organized an awareness program as part of **National Immunization Day** on 10th November 2022 at **Narayana Medical College and Hospital OP**.

The Chief Guest of the program was **Dr. Hariprasad, Medical Superintendent** who addressed the public about the importance of immunization in preventing life-threatening diseases. He explained the significance of vaccines in boosting immunity, reducing mortality rates, and preventing outbreaks of infectious diseases.

50 B.Sc. Nursing students from Narayana College of Nursing exhibited charts displaying messages such as **"VACCINES SAVE LIVES"** and **"IMMUNIZATION A STEP TOWARDS A HEALTHY FUTURE."**

Mrs. G. Pavithra, Associate Professor, elaborated on the myths and misconceptions surrounding vaccinations and emphasized the importance of timely immunization. She highlighted the recommended vaccination schedule and its role in disease prevention. **Prof. Shanmuga Vadivu, HOD, Department of Pediatric Nursing**, discussed the effects of vaccine-preventable diseases on children's health and development.

The event aimed to educate the public on the importance of immunization in preventing life-threatening diseases and fostering a healthier future.

The vote of thanks was delivered by **Ms. P. Esther Joel, a 1st-year M.Sc. Nursing student**, followed by the National Anthem.



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Students participating in Immunization program



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Report on WORLD LEPROSY DAY

The Department of Community Health Nursing, Narayana College of Nursing on the occasion of "World Leprosy Day" with the theme of "Beat Leprosy" organized an awareness program on 31.01.24. World Leprosy Day brings together people from around the world to raise awareness about leprosy, combat stigma, and demonstrate international solidarity in the fight against the disease. The day is an opportunity for public and private partners to spread awareness about the status of leprosy and encourage progress in prevention, treatment, and care worldwide. It is one of the most widely recognized international health days and serves as a key opportunity to raise awareness, commemorate those affected, and celebrate advancements in medical treatment and early detection.

The program was organized in the meeting hall, and the chief guest of the program was Dr. Vidhya Sagar, Narayana Rural Health Center, Venkatachalam, Nellore district. The other dignitaries who attended included Mr. Chengaya, Rural Health Officer, Mrs. M. Rajeswari, Sarpanch, along with faculty members from the Community Health Department, students, and NSS department members. Participants received appreciation certificates for their active involvement in spreading awareness about leprosy.

Mrs. Pavithra, Associate Professor at Narayana College of Nursing, read out the oath on the "Prevention of Leprosy," and all attendees took the pledge to work towards eliminating the stigma associated with the disease and promoting early diagnosis and treatment. The program concluded with the National Anthem.



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Students are giving health education on Leprosy Day



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REPORT ON NATIONAL NUTRITION WEEK from 01-09-2022 to 07-09-2022

Theme: CELEBRATE A WORLD OF FLAVORS

The Community Department of Narayana College of Nursing organized an awareness program as part of "National Nutrition Week" in 2022.

The Chief Guest of the program was Dr. Karthik, Medical Officer, Saraswathi Nagar, who addressed the public about the importance of proper nutrition and a balanced diet for maintaining good health, the complications related to malnutrition, including weakened immunity, growth deficiencies, and its impact on overall well-being.

50 B.Sc. Nursing students from Narayana College of Nursing exhibited charts displaying messages such as "EAT HEALTHY, STAY HEALTHY" and "BALANCED DIET FOR A HEALTHY LIFE."

Mrs. G. Pavithra, Associate Professor, explained the impact of unhealthy eating habits and emphasized the benefits of consuming nutritious food. She highlighted different food groups and their significance in maintaining overall health. Prof. Shanmuga Vadivu, HOD, Department of Pediatric Nursing, elaborated on the effects of poor nutrition on children's growth and development.

The vote of thanks was delivered by Mrs. JD. Shainy Swarupa, a 1st-year M.Sc. Nursing student, followed by the National Anthem.



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Celebration of National Nutritional Week



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REPORT ON PULSE POLIO PROGRAM

Date:10-11-2022

Theme: "End Polio Now"

The Community Department of Narayana College of Nursing organized an awareness program as part in the Pulse Polio Program organized at T.P. Gudur Narayana Rural Health Centre, Nellore, from 28th to 30th February 2022. The Chief Guest of the program was **Dr. Hariprasad, Medical Superintendent**, who addressed the public about the importance of polio immunization in eradicating the disease. He emphasized how the **Oral Polio Vaccine (OPV)** plays a crucial role in protecting children from polio, preventing disabilities, and ensuring a polio-free future.

The program successfully raised awareness about the importance of **polio immunization** and encouraged parents to ensure their children receive the necessary doses to eliminate polio from the country.

About 50 B.Sc Nursing students participated and provided Oral Polio Drops for under-five-year-old children in different areas of T.P. Gudur, including rural health centers, bus stand, near temples, and churches. A rally was conducted from the Narayana Rural Health Centre to the main street area by the students. During the rally, slogans were chanted by the students to spread awareness about polio immunization.



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Students participating in Pulse polio program



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REPORT ON WORLD TUBERCULOSIS DAY - 24.03.2022

Theme: INVEST TO END TB. SAVE LIVES

The Community Department of Narayana College of Nursing organized an awareness program as part of "World Tuberculosis Day" on March 24th, 2022.

The Chief Guest of the program was Dr. Karthik, Medical officer, Saraswathi Nagar, addressed the public about the harmful effects of tuberculosis and the importance of early diagnosis and treatment. The dignitaries explained complications related to tuberculosis, including lung infections, weakened immunity, and its impact on overall health.

Dr. Indira A, Principal, Narayana College of Nursing. The program commenced with a prayer song by 4th -year B.Sc Nursing students, followed by the lighting of the lamp by all dignitaries. Dr. Indira A, Principal, delivered a speech on the significance of "World Tuberculosis Day." Prof. B. Vanaja Kumari, Vice Principal; and H.O.Ds of all departments also addressed the gathering led a pledge with all faculty and students to fight against tuberculosis. 50 B.Sc Nursing students from Narayana College of Nursing exhibited the charts like "STOP TB" and "END TUBERCULOSIS NOW".

Mrs. G. Pavithra Associate professor explained about the ill effects of tobacco use to the human. emphasized on different tobacco products and their ill effects. Prof. Shanmuga Vadivu HOD, Department of Pediatrics Nursing explained about the health impacted with the tuberculosis.

Vote of thanks was delivered by Ms. Shiny Swarupa 1st year M.Sc. Nursing student followed by National Anthem.



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Mrs. G. Pavithra & Mrs. V. Pratima participated in World Tuberculosis Program along with the students



Students Participated in Rally program on World Tuberculosis Day