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REPORT ON WORLD AIDS DAY

Every year, on 1st, December, the world commemorates World AIDS Day. People around the world unite to show support for people living with HIV and to remember those who have died due to AIDS-related illnesses. Each World AIDS Day focuses on a specific theme, which this year will be "Let Communities lead".

It was exceptionally grand and done whole heartedly in the endeavor to prevent HIV/AIDS. The program was inaugurated by respected Principal Dr.B.Vanaja Kumari, along with Associ.Prof. Pavithra HOD of Department of Community Health Nursing and NSS unit.

The flag off rally was done by respected Dr.B. Vanaja kumari and NSS unit along with Associ.Prof. Pavithra HOD of Department of Community Health Nursing. The students of M.Sc (N) II year, and II B.Sc (N) students Participated in the rally. At 10.00 am the AIDS day rally started from Narayana College of Nursing and proceeded to Narayana Medical college Hospital reached to chinthareddypalem. During the rally the students of nursing college spreads the message of AIDS and its prevention using various placards and slogans. Finally rally participants were assembled in the nursing college campus and distributed refreshments.

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NARAYANA COLLEGE OF NURSING STUDENTS CONDUCTED RALLY

II Years BSC (N) students conducted a rally on AIDS Awareness among People in chinthareddypalem.

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Faculty Along With Participant's

NARAYANA COLLEGE OF NURSING

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REPORT ON WORLD BLOOD DONOR DAY

Narayana College of Nursing The Department of Community Health Nursing & National Service Scheme (NSS) unit organized World Blood Donor Day on June 14, 2023, with the support of Narayana General Hospital's blood bank. The programme started at 09.30 a.m. and continued until the 4.30 p.m. All the students as well as Faculty gave an excellent response for the Blood Donation Camp . The NSS Program Officer took all the necessary precautions to provide complete safety to the donors. Around 25 students donated blood to the blood bank. After donation, the participants were given refreshment and blood donation certificate.

With the efforts of the Principal Prof. Vanaja Kumari, NSS Program Officer, Faculty members, students, blood bank staff and NSS volunteers, the event turned out to be a huge success.



Pre testing

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Camp activity

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Camp activity







REPORT ON BREASTFEEDING WEEK CELEBRATIONS (01-08-2023 to 07-08-2023)

Narayana College of Nursing, under the NSS unit, celebrated Breastfeeding Week from August 1st to August 7th, 2023. The theme for this year was "ENABLING BREASTFEEDING – MAKING A DIFFERENCE FOR WORKING PARENTS". The week-long celebration included various activities aimed at promoting the importance of breastfeeding.

Day 1: Inauguration and Awareness Program

On August 1st, 2023, the celebrations commenced at the Outpatient Department (OPD) of Pediatrics and Antenatal OPD in Narayana Medical College and Hospital, Nellore.

Dr.. B. Vanaja Kumari, Principal, Dr. Kumari. V (Vice Principal & HOD, Department of OBG), Mrs. Shanmugha Vadivu (HOD, Child Health Nursing), Mrs. S. Sucharitha (NSS Program Officer), NSS volunteers, and III-year students actively participated in the program. Students presented a PowerPoint session on the significance of breastfeeding, proper breastfeeding techniques, and recommended positions. Antenatal and postnatal mothers participated in the session. Refreshments were distributed to the attendees. In the afternoon, a similar session was conducted in the antenatal wards for antenatal and postnatal mothers from the OBG and pediatric departments.

Day 2: Essay Competition

An essay competition on the theme "Enabling Breastfeeding – Making a Difference for Working Parents" was organized for third-year students and NSS volunteers. The competition was evaluated by a panel including Dr. Kumari. V, Prof. B. Vanaja Kumari, Mrs. Shanmugha Vadivu, and Mrs. Pallavi Naik.

Day 3: Elocution Competition

On the third day, an elocution competition was conducted on the importance of breastfeeding. Students delivered insightful speeches highlighting the benefits and challenges of breastfeeding for working mothers. The competition was judged by faculty members, and students enthusiastically participated.

Day 4: Painting Competition

A painting competition was organized based on the theme. Students from all years and NSS volunteers showcased their creativity to depict the significance of breastfeeding in promoting infant health. The paintings were evaluated by the faculty panel.







Day 5: Mime Performance

A mime act was performed by III-year students, illustrating the importance of exclusive breastfeeding and the challenges faced by working parents in maintaining breastfeeding practices. Dignitaries graced the occasion as guests of honor.

Day 6: Seminar and Awareness Session

On August 6th, 2023, a seminar was conducted at Narayana College of Nursing Auditorium from 12:00 PM to 1:00 PM. The event began with a prayer song and a welcome address by Mrs. Pallavi Naik, NSS Program Officer.

Speeches were delivered by Dr. B. Vanaja Kumari, Principal, Dr. Kumari. V (Vice Principal & HOD, Department of OBG) and on the importance of breastfeeding for working mothers. The session concluded with a vote of thanks by Mrs. Shanmugam Vadivu, followed by the National Anthem.

Day 7: Valedictory Ceremony and Prize Distribution

The final day of Breastfeeding Week was celebrated at the Narayana College of Nursing Auditorium. The program began with a prayer and a welcome song.

The chief guest for the event was Dr. B. Vanaja Kumari, (Principal, Narayana College of Nursing), along with dignitaries including Dr. Kumari. V, Mrs. G. Pavithra, Assoc, Prof and Mrs. A. Latha (HOD, Medical-Surgical Nursing). The ceremony was inaugurated with the traditional lamp lighting.

Following speeches on breastfeeding awareness, the winners of the essay, elocution, and painting competitions were awarded prizes. The week-long event concluded with a vote of thanks by Mrs. S. Sucharitha, NSS Program Officer, and the National Anthem.

The Breastfeeding Week celebration successfully raised awareness on the importance of breastfeeding, particularly for working parents, and encouraged active participation from students, faculty, and community members.









Breast feeding week Awareness program



Students participated in Quiz Competition

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REPORT ON IMMUNIZATION DAY 2023 Date: 10-11-2023

Theme: "Protecting Lives, Strengthening Communities"

The Community Department of Narayana College of Nursing organized an awareness program as part of National Immunization Day on 10th November 2023 at Narayana Medical College and Hospital OP.

The Chief Guest of the program was Dr. Hariprasad, Medical Superintendent, who addressed the public about the crucial role of immunization in preventing life-threatening diseases. He emphasized the significance of vaccines in boosting immunity, reducing mortality rates, and preventing outbreaks of infectious diseases.

Fifty B.Sc. Nursing students from Narayana College of Nursing actively participated in the event, exhibiting charts displaying messages such as "VACCINES SAVE LIVES" and "IMMUNIZATION: A STEP TOWARDS A HEALTHY FUTURE." Their presentations aimed to spread awareness and reinforce the importance of immunization among the public.

Mrs. G. Pavithra, Associate Professor, addressed common myths and misconceptions about vaccinations and highlighted the necessity of timely immunization. She provided insights into the recommended vaccination schedule and its vital role in disease prevention. Prof. Shanmuga Vadivu, HOD, Department of Pediatric Nursing, discussed the impact of vaccinepreventable diseases on children's health and development, stressing the need for comprehensive immunization coverage.

The event successfully educated the public on the significance of immunization in protecting lives and fostering healthier communities.

The vote of thanks was delivered by Mrs. JD. Shainy Swarupa, a 1st-year M.Sc. Nursing student, followed by the National Anthem.

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Msc I yr students partcipated in Immunization program







REPORT ON WORLD LEPROSY DAY 2023

The Department of Community Health Nursing, Narayana College of Nursing, on the occasion of "World Leprosy Day 2023" with the theme of "Act Now. End Leprosy." organized an awareness program on 31.01.23. World Leprosy Day brings together people from around the world to raise awareness about leprosy, combat stigma, and demonstrate international solidarity in the fight against the disease. The day serves as an opportunity for public and private partners to spread awareness about the status of leprosy and encourage progress in prevention, treatment, and care worldwide. It is one of the most widely recognized international health days and plays a crucial role in educating the public, commemorating those affected, and celebrating advancements in medical treatment and early detection.

The program was organized in the meeting hall, and the chief guest of the program was Dr. Vidhya Sagar from Narayana Rural Health Center, Venkatachalam, Nellore district. Other dignitaries in attendance included Mr. Chengaya, Rural Health Officer, Mrs. M. Rajeswari, Sarpanch, along with faculty members from the Community Health Department, students, and NSS department members. Participants received appreciation certificates for their active involvement in spreading awareness about leprosy.

Mrs. G. Pavithra, Associate Professor at Narayana College of Nursing, led the attendees in taking an oath on the "Prevention of Leprosy," emphasizing the commitment to eliminating stigma and promoting early diagnosis and treatment. The program concluded with the National Anthem, marking a successful awareness initiative.









Students performed skit on prevention of Leprosy



IV year B.Sc(N) given health education









Students given health education on Leprosy

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REPORT ON NATIONAL NUTRITION WEEK

Date: 01-09-2023 to 07-09-2023

Theme: "Healthy Diet Gawing Affordable for All"

The Community Department of Narayana College of Nursing organized an awareness program as part of "National Nutrition Week" in 2023.

The Chief Guest of the program was Dr. Karthik, Medical Officer, Saraswathi Nagar, who addressed the public on the significance of maintaining a nutritious and affordable diet. He emphasized how a well-balanced diet plays a crucial role in promoting good health and preventing malnutrition-related complications, such as weakened immunity, growth deficiencies, and lifestyle disorders.

50 B.Sc. Nursing students from Narayana College of Nursing actively participated in the event by displaying informative charts with messages like "Affordable Healthy Eating for a Better Tomorrow" and "Nutritious Food Within Everyone's Reach."

Mrs. G. Pavithra, Associate Professor, spoke about the challenges of unhealthy eating habits and provided insights into budget-friendly nutritious meal options. She stressed the importance of choosing locally available, nutrient-rich foods to ensure a balanced diet for all. Prof. Shanmuga Vadivu, HOD, Department of Pediatric Nursing, elaborated on the impact of inadequate nutrition on children's development and the need for accessible, cost-effective meal planning.

The vote of thanks was delivered by Ms. P. Esther Joel, a II M.Sc. Nursing student, followed by the National Anthem, marking the conclusion of a successful awareness program.

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Mrs. Pavithra given imporatnce of Nutritional week



Celebration of National nutritional Week







REPORT ON WORLD POPULATION DAY

The Department of Community Health Nursing organized an awareness program on World Population Day on 11th July 2023 between 9 am –12pmat Narayana Rural Health centre, Venkatachalam, Nellore. The program was coordinated with the NSS Unit and focused on the 2023 theme: "Unleashing the Power of Gender Equality: Uplifting the Voices of Women and Girls to Unlock Our World's Infinite Possibilities."

The program was conducted at the meeting hall, with Dr. Vidyasagar from Narayana Rural Health centre, Venkatachalam, Nellore district, as the Chief Guest. Other dignitaries in attendance included Mr. Chengaya, Rural Health Officer, Mrs. M. Rajeswari, Sarpanch, faculty members from the Community Health Department, students, and NSS department members.

As part of the event, an awareness rally was organized in Venkatachalam, where students actively participated, chanting slogans to promote the importance of World Population Day.

Mrs. Pavithra, Associate Professor at Narayana College of Nursing, led the gathering in taking an oath on voluntary blood donation, pledging to support blood donation awareness, encourage safe practices, and motivate others to donate blood regularly.

The II-year students performed a skit to raise awareness about population growth and gender equality, and Maria Thomas, a III-year student, delivered a speech on the impact of population growth and the significance of empowering women and girls.

A video presentation was also displayed, highlighting global population trends, gender disparities, and the importance of equal opportunities for women in achieving sustainable development.

The program concluded with a vote of thanks by Ms. P. Nissi, followed by the distribution of snacks to all participants.









Mrs. Pavithra & Mrs. Pratima given Awareness on World Population Day

REPORT ON PULSE POLIO PROGRAM 2023

Theme: "A Polio-Free Future"

The Community Department of Narayana College of Nursing organized an awareness program as part of the Pulse Polio Program at T.P. Gudur Narayana Rural Health Centre, Nellore, from 28th to 30th February 2023. The program was started with prayer song and welcome song by thee IV year B.Sc Nursing students. DR. B. Vanaja Kumari, Principal, Narayana College Of Nursing who addressed the public about the significance of polio immunization in eradicating the disease. She emphasized how the Oral Polio Vaccine (OPV) plays a crucial role in protecting children from polio, preventing disabilities, and ensuring a polio-free future.

The program successfully raised awareness about the importance of polio immunization and encouraged parents to ensure their children receive the necessary doses to eliminate polio from the country.

Mrs. G. Pavithra, Associate Professor, spoken about the importance of the Pulse Polio Program and the challenges in eradicating polio. She emphasized the need for mass immunization and awareness to ensure a polio-free future. She also highlighted the significance of community participation in reaching every child with the vaccine.

Around 50 B.Sc Nursing students participated and administered Oral Polio Drops to underfive-year-old children in various locations of T.P. Gudur, including rural health centers, bus stands, temples, and churches. A rally was conducted from the Narayana Rural Health Centre to the main street area by the students. During the rally, slogans were chanted to spread awareness about polio immunization and emphasize the importance of vaccination in achieving a polio-free nation.

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IV year B.Sc Nursing students participated in pulse polio program



Faculty & Students Participated in Pulse Polio Program







REPORT ON WORLD TUBERCULOSIS DAY

In this regard, the Community Health Nursing, in collaboration with the NSS Unit observed World Tuberculosis Day on March 24, 2023, in the Narayana College of Nursing, 2nd floor, Smart class room, with the theme "Yes, we can end TB." Program started at 12pm with a prayer song, welcome song. The program followed by welcome address by Prof. Vanaja Kumari, HOD, Department of Community Health Nursing. Then the program was initiated with lamp lighting by the dignitaries .Pre test was conducted to the participants about World TB Day.

Departmental HOD, Vanaja Kumari.B spoken about tuberculosis day programme including importance of DOTS therapy, patient education and prevention of Tuberculosis.



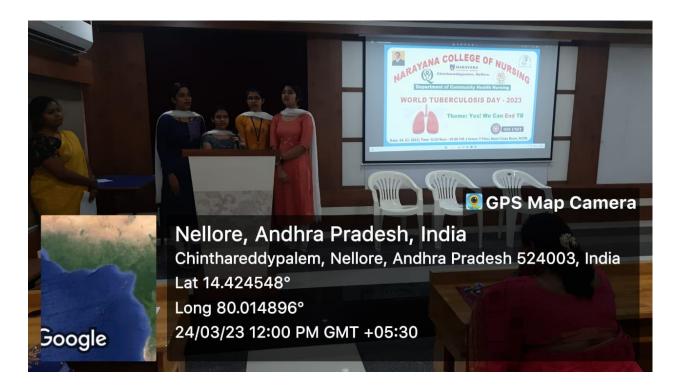
Total 50 students were participated in the program. Students were actively involved and enhanced their knowledge. Post test was conducted. Mrs. Pratima ended the program with vote of thanks and national anthem.

Here by with the collaboration and cooperation of Principal, Nss Volunteers and Community departmental faculties the program was successful and effective.









Students singing a prayer song

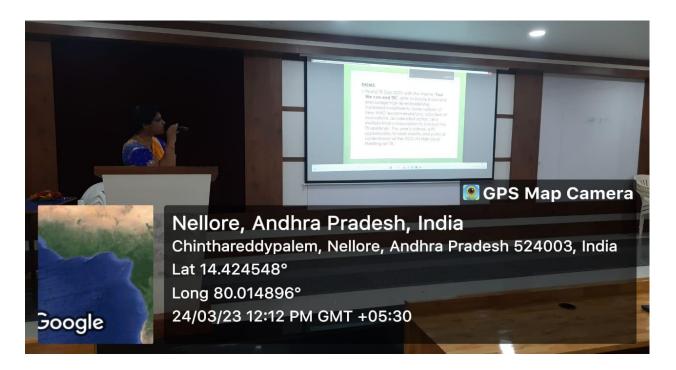


Lamp lighting by dignitaries









Prof. Vanaja Kumari is explain about this year Theme



Prof. Vanaja Kumari discussing the prevention of TB









The group is paying close attention



National Anthem







REPORT ON WORLD NO TOBACCO DAY

THEME: WE NEED FOOD, NOT TOBACCO

Community Health Nursing Department with the collaboration of NSS Unit of Narayana College of Nursing organized a World No Tobacco Day Awareness Rally in Thotapalli Gudur village. The Activity was carried out by 50 NSS Volunteers, Faculties, Rural Health Centre staff with Slogans on No Tobacco day.

The program started at 10.00 am in Rural Health Center by a prayer song and welcome song by B.Sc. Nursing students. Mrs. Suchitra, NSS Program Officer, commenced the program by delivering the importance on World No tobacco Day and its theme. It is a prompt for all of us to work for the proven practical actions needed to address inequalities and help to end lung diseases. Health Education was given by M.Sc (N) Students. This information provided to the villagers in local language. At the end of the program refreshment given to the participants.

NSS unit of Narayana College of Nursing also conducted different activities like Elocution, Essay Writing and Poster presentation on the theme to promote motivation and confidence among students. Students were participated actively in competitions related to No Tobacco Day and were evaluated by the judges. The students who participated in the event exhibited their talents and creativity. Prizes were awarded to the winners of the Competitions.









The NSS student volunteers and program officers started the rally from health center



Rally conducted from harijanawada to health center









Mrs. Suchitra Giving health education to the public by video playing



Public gathered on the occasion of world no tobacco day









students are giving Health education by showing chart



Lamp lighting by dignitaries in prize distribution ceremony on the occasion of world no tobacco day