



NARAYANA COLLEGE OF NURSING

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REPORT ON WORLD LEPROSY DAY -2025

THEME:"Unite. Act. Eliminate."

World Leprosy Day – 2025 was observed by the **NSS Unit of Narayana College of Nursing**, in collaboration with the **Department of Community Health Nursing**, on **30th January 2025** at the **Narayana Rural Health Center**. The event was conducted from **9:00 AM to 11:00 AM** with the aim of raising awareness about leprosy, promoting early detection and treatment, and eliminating the stigma associated with the disease. The theme for this year, **“Unite. Act. Eliminate.”**, emphasized the need for collective efforts in combating leprosy and supporting those affected.

The program commenced with a rally organized from the Narayana Rural Health Center to Venkatachalam village. The rally was flagged off in the presence of esteemed dignitaries including **Dr. Khadhar Valli**, Additional District Medical and Health Officer (DMHO), who served as the chief guest, **Dr. Vidya Sagar**, Medical Officer, **Mr. Chengaiah**, Sanitary Officer, and **Mrs. Lakshmi**, ANM Nurse. Members of the **Narayana Medical College – Department of SPM (Social and Preventive Medicine)** also actively participated in the event.

The rally saw enthusiastic participation from NSS volunteers who held placards with powerful messages and chanted slogans promoting awareness about leprosy. The volunteers walked through the streets of Venkatachalam village, attracting the attention of local residents and creating awareness through their spirited engagement. The placards highlighted key messages like “Early Detection is Key,” “Stop Leprosy Stigma,” and “Unite. Act. Eliminate.” The rally helped in disseminating vital information about the disease, its symptoms, and the importance of early medical intervention.

Addressing the gathering, **Dr. Khadhar Valli** spoke about the importance of spreading awareness and eliminating the stigma that still surrounds leprosy. He

appreciated the efforts of the students and emphasized that consistent public health education is crucial for early diagnosis and treatment, which can help prevent disabilities associated with the disease. His motivational speech encouraged students and health professionals to continue their advocacy in rural and underserved communities.

The event was successfully led by **Mrs. S. Suhitra**, NSS Program Officer, who guided the volunteers throughout the rally. The program was conducted under the valuable guidance and support of **Dr. B. Vanaja Kumari**, Principal of Narayana College of Nursing, whose leadership ensured the smooth execution of the event. The combined efforts of faculty, students, and community health professionals contributed to the success of this meaningful initiative.

The rally concluded with a positive response from the community, who appreciated the awareness efforts made by the students and health workers. The event served as an important reminder of the role that nursing students and health professionals can play in promoting public health and social responsibility. By uniting for a common cause, the participants contributed to the global mission of eliminating leprosy and building a more inclusive society.

Paper clips:





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Photos:



Rally inauguration by **Dr. Khadhar Valli**, Additional District Medical and Health Officer (DMHO)





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The students actively participated in a rally to spread awareness about leprosy



Dr. Khadhar Valli Garu addressed the gathering and spoke about the importance of observing World Leprosy Day."



Group gathered for the program



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Report on World Health Day 2025

Theme: "Healthy beginnings, hopeful futures" **Date:** 07.04.2025

The World Health Day 2025 was observed with great enthusiasm and community participation at TP Gudur, in collaboration with Narayana Rural Health Centre, Nellore, and Ayushman Bharat. The event was organized by the Department of Community Health Nursing under the guidance of Mrs. U. Sireesha, Community Health Officer (CHO), Ayushman Bharat.

Following the rally, The 50 V Sem B.Sc. Nursing students were attended the rally. The program commenced with a health awareness rally conducted within the TP Gudur premises. The rally aimed to raise awareness among the local community about the importance of maintaining good health and the significance of World Health Day.

An informative and interactive health education session was organized at the Primary High School, TP Gudur. The event was inaugurated by Mr. B. Venkateswarlu, Headmaster, who welcomed the gathering and delivered an introductory speech on the theme and purpose of World Health Day.



Rally was started with the collaboration with Ayushman Bharath



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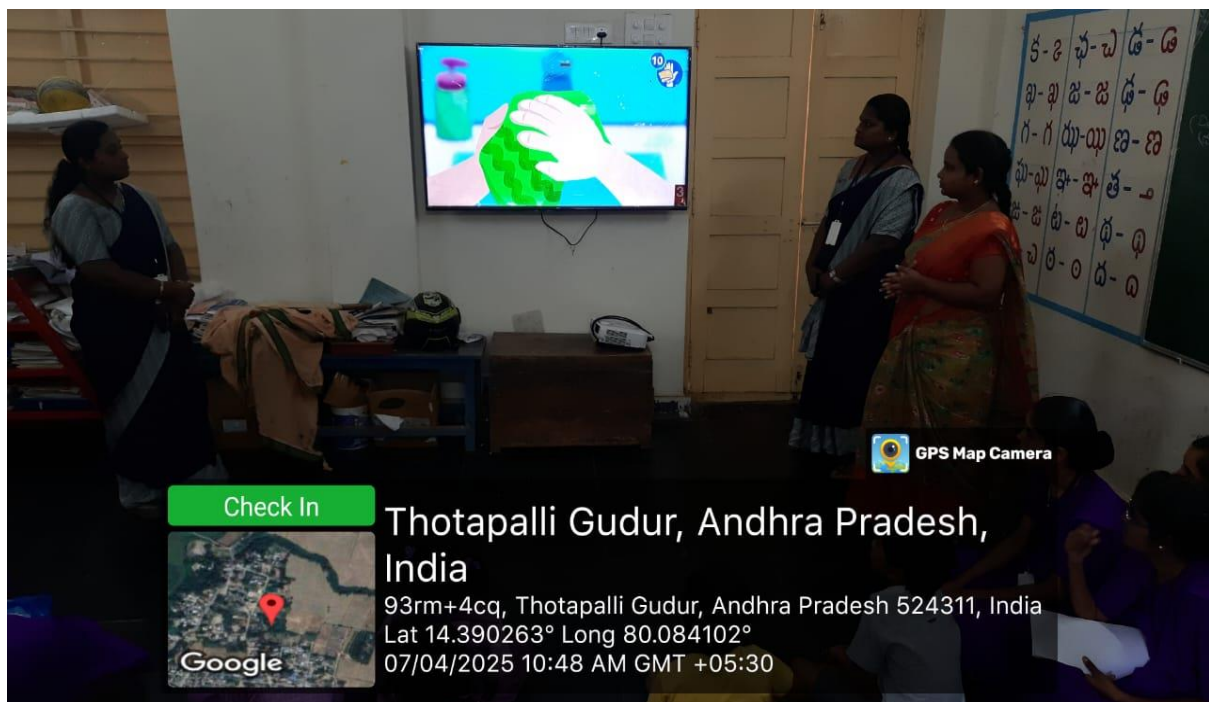
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Through out the rally the students were exhibited the slogans



Ms. P.Esther Joel, presented and addressed the importance of World Health day



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Ms. Nissi, II M.Sc Nursing, Observing the demonstration of the Handwashing



Photo session on the day of World health day with the primary school Mr. B.

Venkateswaralu, Headmaster, TP Gudur



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As part of the program:

- A **hand washing demonstration** was effectively carried out by **Ms. P. Nissi**, II Year M.Sc. Nursing student, emphasizing the importance of hygiene in disease prevention.
- **Ms. P. Esther Joel**, M.Sc. Nursing Tutor, addressed the audience and elaborated on the **importance of World Health Day**, its history, and this year's theme, inspiring students and community members to adopt healthier lifestyles.
- The session concluded with a **vote of thanks** proposed by **Ms. Nadhiya**, II Year M.Sc. Nursing student, expressing gratitude to all participants, organizers, and the school faculty for their active involvement and support.

The program was a successful initiative in promoting health awareness and community involvement in TP Gudur, reflecting the spirit of World Health Day 2025. Snacks were distributed to the participants.



REPORT ON NATIONAL DEWORMING DAY 10-02-2025

The Department of Community Health Nursing, Narayana College of Nursing conducted a School Health Program at TP Gudur Primary School, Nellore, on February 10, 2025. This initiative aimed to promote health awareness and provide essential health services to the students, ensuring their well-being and enhancing their learning capabilities.

The event commenced at 10:00 AM at TP Gudur Primary School, with active participation from II M.Sc. and IV B.Sc. Nursing students. The event was organized to raise awareness about the importance of maintaining good health and hygiene, emphasizing its role in preventing common ailments and promoting overall well-being among children.

The program continued in the classroom, graced by chief guest R.V. Srikanth, Head Master, Primary School, TP Gudur, Nellore district. Other dignitaries included Mrs. U. Sireesha, Community Health Officer, TP Gudur, Nellore district, faculty from the Community Health Department, students.

Mr. R.V. Srikanth, Head Master, of primary School given a Note on about the importance and introduction about the National Deworming day. This Program vital in promoting health awareness and ensuring the well-being of students, thereby contributing to their academic success and overall development.

Mrs. G. Pavithra, Associate Professor at Narayana College of Nursing, led the assembly in an oath on “emphasize the commitment to promoting deworming” and ensuring children's health, and madam expressed a pivotal initiative aimed at safeguarding the health and future of our nation's children. Parasitic worm infections, though often overlooked, pose a significant threat to the well-being and development of our young population. Intestinal worms, or soil-transmitted helminths, can lead to malnutrition, anaemia, and impaired cognitive development. These infections hinder a child's ability to learn, grow, and thrive.

Mrs. U. Sireesha, CHO, Communicated with the students regarding the awareness and the importance of National Deworming.

The program concluded with the national anthem, reinforcing the commitment to fostering a healthier future for children through effective health education and practices and distributed the snacks to the students.



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(A) Mrs. G. Pavithra, Given a note on importance of National Deworming day



(B) School Health Program on National Deworming day



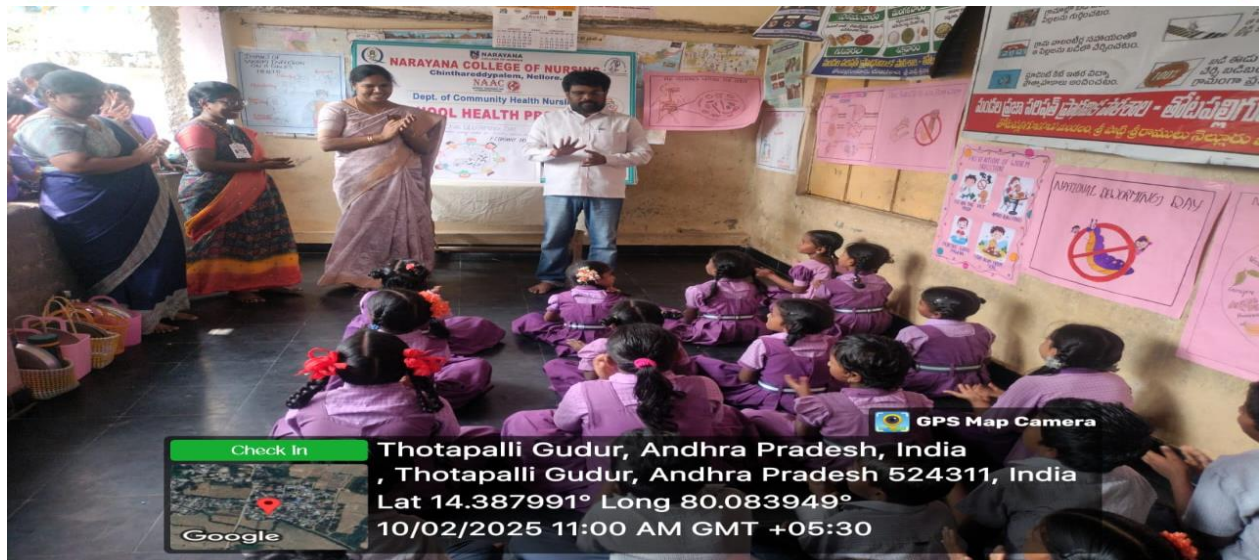
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(C) Mr. R. V. Srikanth, Head Master, Communicating with the students regarding the importance of Deworming day



(D) Mrs. U. Sireesha, CHO, interacting with the students regarding the awareness of National Deworming day



REPORT ON POSHAN PAKWADA 17.04.2025

PoshanPakhwada is a nationwide initiative launched under the **POSHAN ABHIYAAN**(Prime Minister's Overarching Scheme for Holistic Nutrition), aimed at promoting nutritional awareness and ensuring community participation in building a healthier India. Celebrated annually, this fortnight is dedicated to advocating improved nutritional outcomes for children, pregnant women, lactating mothers, and adolescents through education, health services, and community engagement. The focus lies in fostering behavior change towards healthy eating practices, hygiene, and dietary diversity.

Event Highlights:In alignment with this national campaign, **Narayana College of Nursing**, Nellore, organized a community outreach program on **April 17, 2025**, in collaboration with the departments of **Community Health Nursing (COHN)**, **Obstetrics and Gynecology (OBG)**, and the **NSS unit**. The event took place at a local **Anganwadi center and primary school** in Nellore and was attended by students, teachers, health professionals, and community members. The support and cooperation extended by the school authorities Mr. Sudheer Head master and Mrs. M. Malleswari were instrumental in the successful arrangement of student participation. Their active involvement and assistance greatly facilitated the smooth coordination and execution of the planned activities.

Dr. B. Lokesh conducted **comprehensive health checkups and nutritional assessments** for the children present at the Anganwadi. He also addressed the gathering and delivered an insightful talk on the significance of **nutrition in early childhood**, emphasizing the role of balanced diets and timely health interventions.

Faculty members including **Mrs. G. Pavithra** (COHN), **Mrs. UshaKiran** (OBG), and **Mrs. S. Suchithra** (NSS) coordinated the event efficiently. They spoke about the importance of maternal and child health, the impact of malnutrition, and encouraged community involvement in promoting nutritional well-being.

Activities Conducted:

- A **poster competition** was conducted at Narayana College of Nursing, where nursing students creatively showcased themes related to nutrition, healthy eating habits, and child care. Winners of the competition were recognized and awarded prizes for their outstanding efforts and innovative presentations.



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- A **food exhibition** was organized at the primary school, where various nutritious and locally available food items were displayed to promote healthy food choices. Recipes and meal planning tips were also shared with the attendees to encourage practical adoption of healthy diets in daily life. Students from Narayana College of Nursing participated actively in organizing the exhibition, preparing informative displays and offering dietary tips to children and parents. This hands-on involvement provided them with valuable community engagement experience.
- **Buttermilk and healthy snacks** were distributed to all children and participants, promoting the idea of safe, nutritious, and cost-effective refreshments during hot weather conditions.
- Teachers from the primary school and Anganwadi actively participated and appreciated the initiative. They expressed gratitude to the organizing team for their dedication to community health and education.

The event was a resounding success, creating awareness about the importance of nutrition and engaging the local community through interactive and educational activities. It reflected Narayana College of Nursing's continued commitment to public health, preventive care, and outreach. The collaborative efforts of faculty, students, and local stakeholders made the PoshanPakhwada celebration a meaningful and impactful experience for all.



Faculty & students participated in the program



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Food Exhibition



Dr. B. Lokesh conducted comprehensive health checkups



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Students are doing Nutritional Assessment



Providing Health Education To Postnatal Mothers



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