

## BREASTFEEDING WEEK PROGRAM

**Theme for the program was "Let's Make Breastfeeding and Work, Work!"**

The Breastfeeding Week Awareness Program, organized by Narayana College of Nursing and coordinated by the Child Health Nursing Department, was held from August 1st to 7<sup>th</sup> 9:00 AM to 12:00 PM at thotapalli gudur in 2023. The objective was to emphasize the role of breastfeeding in ensuring the health and nutrition of infants and mothers. The theme for the program was "Let's Make Breastfeeding and Work, Work!" The event featured informative sessions, practical demonstrations, and the distribution of resources to support breastfeeding mothers. The outcome was increased awareness about balancing work and breastfeeding. It successfully encouraged mothers to continue breastfeeding while managing their professional responsibilities.



## NATIONAL IMMUNIZATION DAY-PULSE POLIO IMMUNIZATION PROGRAM

**"Vaccines work for all."**

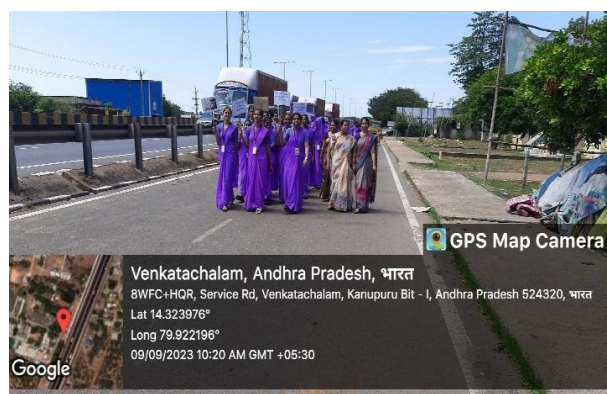
On March 10<sup>th</sup>, 2023, from 9am to 12pm, the NSS unit of Narayana College of Nursing organized a National Immunization Day-Pulse Polio Immunization Awareness Program at the Pediatric OPD of Narayana Medical College and Hospital. The event aimed to educate patients and their families on the importance of pulse polio immunization in preventing poliomyelitis. The program began with Narayana College of Nursing, who emphasized the need for high immunization coverage to eradicate polio. This was followed by a detailed speech from a pediatrician, who explained the vaccine's mechanism, effectiveness, and the importance of timely doses. The session was well-received, with active participation from the audience, and NSS volunteers facilitated discussions and provided additional information. The program successfully reinforced the significance of polio immunization in public health.



## SAVE GIRL CHILD PROGRAM

**Theme for the event was "Empower a Girl, Empower the World."**

The "Save the Girl Child" Awareness Program, organized by Narayana College of Nursing and coordinated by the Child Health Nursing Department, took place from January 30<sup>th</sup> 9:00 AM to 12:00 PM at Venkatachalam, Kanupuru, Nellore 2023. The objective was to raise awareness about the rights and welfare of the girl child, focusing on gender equality and health. The theme for the event was "Empower a Girl, Empower the World." The program included expert talks, interactive discussions, and distribution of educational materials on the importance of protecting and educating girls. The outcome was an increased community commitment to ending gender-based discrimination. It successfully inspired collective efforts to improve the lives of girls through education, health, and safety.





## **SCHOOL HEALTH PROGRAM**

**Theme for the event was "Nurturing Health, Shaping Futures."**

The School Health Program, organized by Narayana College of Nursing and coordinated by the Child Health Nursing Department, took place from April 10<sup>th</sup> 9:00 AM to 12:00 PM at primary school, TP Gudure, Nellore 2023. The objective was to promote awareness about physical, mental, and emotional health among school children. The theme for the event was "Nurturing Health, Shaping Futures." The program featured health screenings, interactive educational sessions on nutrition, exercise, and mental wellness, as well as discussions on the importance of a balanced lifestyle. The outcome was increased awareness of holistic health and self-care among students. It encouraged both children and their families to adopt healthier habits for long-term well-being.



## SCHOOL HEALTH SCREENING PROGRAM

**Theme for the program was "Empowering Health, Enriching Lives."**

The School Health Screening Program, organized by Narayana College of Nursing and coordinated by the Child Health Nursing Department, was conducted from April 11<sup>th</sup> 9:00 AM to 12:00 PM at primary school, TP Gudure, Nellore 2023. The objective was to assess the health status of school children and identify any underlying health conditions. The theme for the program was "Empowering Health, Enriching Lives." The event included comprehensive screenings for vision, hearing, nutrition, and physical health, along with educational talks on healthy habits. The outcome was the early identification of health issues, ensuring timely intervention. It also raised awareness among children and parents about the importance of maintaining a healthy lifestyle for overall well-being.



## SPECIAL NUTRITIONAL PROGRAM

**Theme for the event was "Empowering Health through Special Nutrition."**

The Special Nutritional Program, organized by Narayana College of Nursing and coordinated by the Child Health Nursing Department, took place from September 1<sup>st</sup> 9:00 AM to 12:00 PM at primary school, TP Gudure, Nellore 2023. The objective was to raise awareness about the importance of tailored nutrition for children with specific dietary needs or health conditions. The theme for the event was "Empowering Health through Special Nutrition." The program included expert discussions on balanced nutrition, cooking demonstrations, and tips for providing nutrient-dense meals. The outcome was an increased understanding of how specialized nutrition can support children's growth and development. It successfully encouraged participants to adopt healthier and more personalized nutrition practices for their children.

