

## NARAYANA NURSING INSTITUTIONS-Current Events 2009-10

## WORLD ALZHEIMER'S DAY CELEBRATION- 2010



In View of Alzheimer's day Narayana Nursing Institutions, Chinthareddy palem, Nellore. Conducted Memory Screening camp on Sep 20th in Various OPD of Narayana Medical College& Hospital. About 100 geriatric people aged between 60 – 80 were screened with mini mental status. 54% of the people have memory impairment and were referred to OPD for further management. Patients &the relatives were educated regarding the Alzheimer's disease& Pamplets were distributed. Seminar was organized on Sep 21st focusing on theme "Dementia: It's time for action". Dr. Bindu, Neurologist NMCH, highlighted on the timely action. Dr. Hariharan& Dr. Lokesh Psychiatrist, NMCH, advocated the need of Care for Elderly. Ms. Indira, Nursing Dean, Narayana Nursing Institution, emphasized on the training & education to the caregivers. Essay & poster competition was conducted for the student to

create awareness. 1st prize & certificate in Essay competition was awarded to Ms. Sravani of III year B.Sc (N). 1st prize & certificate in poster competition was awarded to Ms. Anju Domini Group of III year B.Sc (N).

## WORLD MENTAL HEALTH DAY- 2010



World Mental Health Day was celebrated in Narayana Nursing Institutions, Chinthareddy Palem, Nellore on 10th Oct on the theme "Promoting well being: Mental Health & Physical illness. "Dr. Hariharan, Psychiatrist, Narayana Medical College & Hospital emphasized the need for continued & integrated care. The faculties of department of Mental Health Nursing gave lecture on the importance of promoting wellbeing, Strategies for consumers & caregivers, family caregiver burn out role of Nurse in chronic illness. MCQ examination & On the spot drawing competition was conducted. 1st prize in On the spot drawing competition was awarded to Ms. Rajyalakshmi II year B.Sc (N).1st prize &certificate in MCQ examinants was awarded to Ms. Anu Mohan & Ms. Mahima Muraleedhar I year, Ms. Purnaeswari II year, Ms. Merlin Mary Mathew, Ms. Alena & Ms. Jenymol III year, Ms. Sasikala & Ms. Ninu IV year.

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